

January 2022



President-Eric Burkhart

Vice President-Jaison Haislip

Mountain Bike Director – Stephen Mitchell

Secretary – Cameron Hamer

Treasurer – Kye King

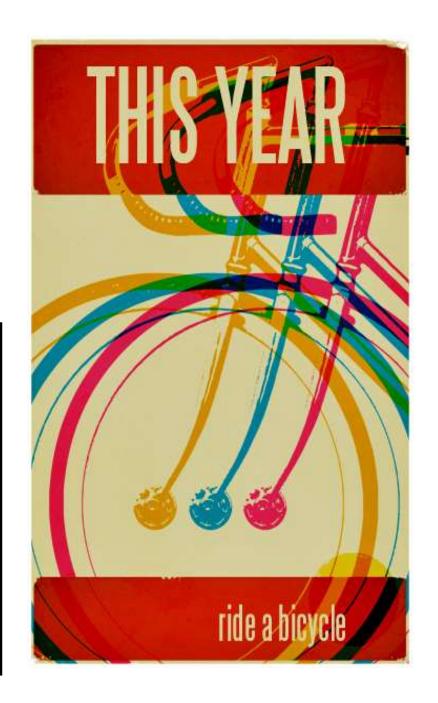
Ride Director – Open

Newsletter - Kathy Hester -

khester4205@gmail.com

Cyclefest Chairman – Bob Haskell

Webmaster – Jessica Godinez



2022 PBBA Board Members

The following comprise your 2022 Board. The members are pictured both on and off their bike because as all cyclists understand, cyclists look very different between their ride appearance and seeing the individual off of their bike. If you know them, please give them your support and suggestions. If you do not know these people, please introduce yourself and get involved with PBBA.



President: Eric Burkhart

When and how did you get involved with the PBBA?

It was back in 1997 and I had just started racing MTB and became friends with Tommy Hindman. He was working for David Ham up at Peyton's Bike and both he and David talked me into joining.

What would you like to help PBBA accomplish in 2022?

In 2022, I would like to get the club back to a state of normal, health and safety permitting of course. I would like to work with local individuals to help prompt rides and races at the West Texas Level. Most of all to grow the awareness of cycling and health and competitive benefits in our community.





Jason Haislip: Vice President

I've been a member and worked with the mtb park since the beginning of the Odessa park. I started road riding as well to help with mtb training.

I would love to work on more racing as well as more group rides and trail development in both Midland and Odessa.





Cameron Hamer: Secretary

When and how did you get involved with the PBBA? I first got involved with the PBBA at the beginning of 2021 as the VP then acted as the interim president for the end of the year. What would you like to help PBBA accomplish in 2022? Want to help our PBBA board and members have a successful 2022. Hope to help setup events and represent the PBBA at races, social events, and ride days. Also, looking forward to working as a part of the MTB committee and helping our MTB parks stay clean as well as fun and safe to ride.





Stephen Mitchell: Mountain Bike Director

When and how did you get involved with the PBBA? I have been the PBBA Mountain Bike Director for about 9 years. Originally my interest in the club was to be involved in the design and development of the trail system at the Odessa Mountain Bike Park. Over the years, my involvement became focused on improvement of the Odessa Mountain Bike park trails and infrastructure, and development of the more recent trail systems in Big Spring and Midland.

What would you like to help PBBA accomplish in 2022? My goals for 2022 include completing the Midland Trail Park infrastructure and improving the trails, generating PBBA club Mountain Bike rides, and growing the Mountain Bike community.





Jessica Godinez: Webmaster

When and how did you get involved with the PBBA? When I moved to Midland four years ago, I got into cycling in order to ride the MS 150 Cactus and Crude. After riding with the PBBA a few times, I loved the community of riders and continued to ride well past the MS 150 event. Last year, when the club was looking for a Webmaster, I volunteered and redesigned the website.

What would you like to help PBBA accomplish in 2022? With the new website up and running, I would like to establish a rhythm of keeping it updated and finding the best way to communicate with members and publish relevant content.



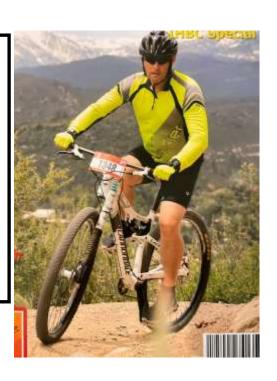


Bob Haskell: Cyclefest Ride Director

When and how did you get involved with the PBBA? I started to attend meetings 4 or 5 years ago. As opportunities to help popped up, I started to volunteer.

What would you like to help PBBA accomplish in 2022?

I would like to have another successful Cyclefest. I would like to help keep the MTB parks clean and exciting. I would like to help organize some out of town rides both MTB and road bike





Kye King: Treasurer

My name is Kye King and I have been involved with the PBBA since about 2006 and have served on the board 5-6 times the last several years. I got involved with the board because I truly care about cycling in the Permian Basin and want to help our cycling community grow in anyway I can. For 2022 I hope the PBBA can grow into a more cohesive group between all cycling disciplines and that we can offer more group riding events. I am also very excited about the new PBBA website and hope it allows for better communication to our club members which in return allows members to be more active in the club. Last, but not least, hopefully in 2022 I can refer to myself as an actual cyclist again! Stay safe on the road!





Kathy Hester: Newsletter Editor

I have been involved with the PBBA since about 2003 when my son, Jordan, started riding. Mike and I joined up soon after that.

I would like to see more ride and race opportunities for members to enjoy. I want to continue the newsletter to provide information, but also to document the PBBA activities for club history. Community involvement and helping with Cyclefest are important too.





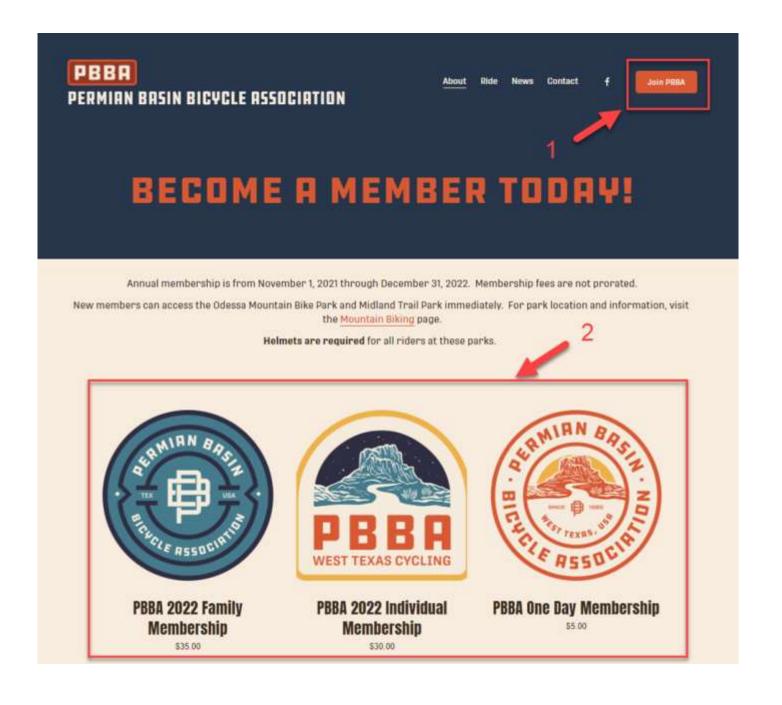
Have you joined or renewed your membership for 2022?

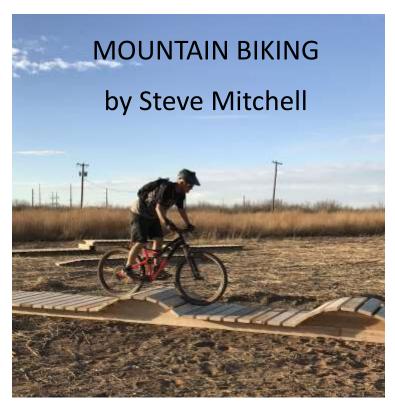
- 1) Go to www.pbbatx.com/join or hit the "Join PBBA" button from anywhere on the website
- 2) Select the type of membership you would like to purchase

Family: Annual; Immediate Family only - minimum 2 / maximum 5 members

Individual: Annual; one member

One Day: Single day access to the mountain bike parks for one person







It has been a great fall and winter (so far) for Mountain Bike riding in Texas. It is tremendous that we have three **unique** local trail systems to ride. Be sure to check out all the trail systems listed below.

The Odessa Mountain Bike Park contains both beginner trails as well as rocky and technical trails. It is a great trail system to improve skills. Most riders agree that if you can ride all the trails at the OMBP, then you will have the skills to ride most trail systems around the country.

The Midland Trail Park is generally contains beginner and intermediate trails. It has almost no rocks, is smooth and flowy and most of the trails are under a tree canopy. This makes it great destination on windy days or hot sunny days. Although the area is generally flat, the trails around the lake and adjacent to Scharbauer draw contain some mild climbs and drops. There are over 100 berms on the blue trail. It's a pretty location and a great place to introduce new riders to the sport.

The trails at **Big Spring State Park** are moderate with some challenging hill climbs that will really get your legs and lungs in shape. Its a very scenic spot with lots of cedar trees, cactus, and pretty views. It is also a great trail for hiking.

Additionally, the development of the Midland trail system continues. Earlier this week, Justin Thompson built more features for the skills park. The weeds were mowed down in the skills park area using a tractor and mower attachment that I borrowed from Cain Chesnut. Dan Voecks clipped down the remaining weeds around the wooden features by hand. Jared Quirk (professional trail builder) will be here in a couple weeks to add berms and features to the green trail. He will also make a few modifications to the Blue trail and add features to the skills park.



Hope on the Horizon

By Steven Zarate

Imagine being on the height of your fitness and coming to a complete stop. Imagine facing an unknown road and future in fitness. Up to this point in my life, I had fallen in love with running, cycling, and swimming. Every day I was determined to be better than the previous day. Every race I wanted to be better than the last race. But now, facing the unknown, I had no idea where this new road would lead me. I had no idea, if I would even be able to do what I had come to love. I asked God; Why me? Why now?

On Thursday October 27th, 2021 while on a casual one-hour bike ride, I unfortunately took a slow speed fall, and it would be determined that I had fractured my upper shaft of my femur. The surgeon would utilize a Hip Fracture Nail System to stabilize the fracture. In short, two nails would be inserted into the center portion of my femur bone. In discussion with my surgeon, I would learn that the healing time is 8-10 weeks and that I should be back to the fitness level I was once at. That fitness level could not be given a timeframe to achieve.

Once home, reality set in. I faced setbacks immediately with an infection in my body. Once it was figured out how to fight this infection, my body felt much better. I was not prepared for the depression that would set in and tried my best to fight those dark times. I began physical therapy and started to feel like my old self. Hope guided my road, and I was determined to do what was needed to recover.

In life we will face obstacles and those obstacles are usually not dated or known when they will come. On November 23rd at 1:30am I would wake up in excruciating abdominal pain. Another trip to the ER, another emergency surgery, this time to remove my gallbladder. I was released the day before Thanksgiving and every side effect that could happen from this surgery happened for the next 72 hours. In all reality, I felt hopeless and lost, I was confused and upset. So many times, we are paralyzed from forward movement because we hold ourselves down.

There are so many times in life that we will face a pivotal point in life where we must make a choice. A choice to keep going forward or a choice to complain about the situation we may be facing. I could not allow the things I cannot control to hold me down. If it was not for the support we received from the running, cycling, and swimming community, I do not know how me, and my family would be where we are today. The amount of text, calls, letters, and offerings was completely overwhelming.

What I have learned from this experience is that every day is an opportunity to grow, to do something different, to be better. You might have failed yesterday. That's okay. It's more important to get back up. To try again. To keep at it. God will never waste your pain. He will never waste your heartache. He will never waste your loss. I've learned that life is messy.

I am thankful for the environment of friends (family) that I surround myself with. The push, drive, and confidence they give me, helps to keep pushing forward. At the time of this writing, I am 9 weeks post-surgery. I am now on a walk/run motion, back on a bicycle and swimming. Is my fitness the same? No, it is not. I still do not know what to-morrow holds or what is on the horizon. I am starting over and ready to flourish.

Sometimes the smallest step in the right direction ends up being the biggest step of your life. -Naeem Callaway

(Special thanks to: Team Waco Tri, WTG Odessa, Midland Run Crew, WTG Midland, Team no Sleep, PBBA and so many others. Thank you for the prayers, love, and support)



Steven's first outdoor bike ride 8 weeks post surgery December 23. The picture at the beginning of the article is from the Waco 70.3 Ironman the Sunday before his accident (3 days before).



We are hosting a trip around the top loop of the Monumental Loop January 14th in Las Cruces, NM.

It will be 120ish miles in 3 or 4 days, very relaxed and beautiful scenery.

January is the perfect time of the year to ride in Las Cruces, NM! This will be the northern section of the Monumental Loop as featured on <u>bikepacking.com</u>

This is sure to be a favorite as we have plenty of water stops and we'll get to eat at the Hatch Chile Capital of the World!

If you like desert landscapes, this is for you!

More info on our FB page or at trailwarrior.org



Right before Christmas, the Trail Warrior Project hosted our annual Big Bend Bikepacking expedition to the state park. We had 7 people attend the ride, with one first timer and several familiar faces. The first day was a short trip to camp close to a water source and gave everyone time to hang out. The next day was planned for a water source at Solitario with a new loop for our group. The back side of the epic was in bad shape, so we decided to take a new route. Plans changed throughout the day as we realized with all the bike pushing and walking, that we were not going to make that planned camp spot. We rationed water that night and made a turn around the next morning to get camp back to a known water source. The weather had turned as well and it was cold and wet. We made the water hole and camp and the last few days the weather cleared up and it was beautiful for our last part of the journey.

It was an amazing trip and we want to invite everyone who wants to try it to join us next year.

-Odis Franklin

PBBA CHRISTMAS LIGHT RIDE



PBBA 2021 Christmas Light Ride enjoyed a rare 73 degree evening. Thank you to John and Bobbie Kerrigan for organizing the ride and the MPD for escorting us safely through Grasslands. The hot chocolate that Francisco Javey arranged for the Lions Club to bring was a delicious treat and served by Ellen Springfield and Diane Cherry . Jeanette Harris won the prize for best lighting. Thank you to all that attended and all that brought toys to benefit the Boys and Girls Club.















Event by Cornerstone Christian School, Peyton's Bikes San Angelo and Beat the Street for Little Feet - Sweetwater

www.raceentry.com/races/beat-the-street-for-little-feet/2022/register

It's our 10th annual Beat the Street for Little Feet benefiting Cornerstone Christian School! The event includes: a Half Marathon, 10K Run, 5K Run, 71-Mile Bike Race, 49-Mile Bike Race, and 33-Mile Bike Race. Come spend the morning with us and enjoy great exercise fun!

*Participants registering BEFORE 4/22/2022 will be guaranteed a shirt.

Cash prizes will be awarded!

71-Mile Bike Race - Men's 1st (\$400), 2nd (\$200) & 3rd (\$100)

Women's 1st (\$400), 2nd (\$200) & 3rd (\$100)

49-Mile Bike Race - Men's 1st (\$100), 2nd (\$60) & 3rd (\$40) Women's 1st (\$100), 2nd (\$60) & 3rd (\$40)

33-Mile Bike Race - Men's 1st (\$25 & Entry Fee for BTS 2023), 2nd (\$15) & 3rd (\$10) Women's 1st (\$25 & Entry Fee for BTS 2023), 2nd (\$15) & 3rd (\$10)

1/2 Marathon - Men's 1st (\$400), 2nd (\$200) & 3rd (\$100)

Women's 1st (\$400), 2nd (\$200) & 3rd (\$100)

All who complete the 1/2 marathon will receive a finisher medal.

10K - Men's 1st (\$100), 2nd (\$60) & 3rd (\$40)

Women's 1st (\$100), 2nd (\$60) & 3rd (\$40)

5K - Men's ages 20+ - 1st (\$25 gift card & Entry Fee for BTS 2023), 2nd (\$15 gift card) & 3rd (\$10 gift card)

Women's ages 20+ - 1st (\$25 gift card & Entry Fee for BTS 2023), 2nd (\$15 gift card) & 3rd (\$10 gift card)

Boys ages 13-19 - 1st (\$25 gift card & Entry Fee for BTS 2023), 2nd (\$15 gift card) & 3rd (\$10 gift card)

Girls ages 13-19 - 1st (\$25 gift card & Entry Fee for BTS 2023), 2nd (\$15 gift card) & 3rd (\$10 gift card)

Boys - 12 & under - 1st (\$25 gift card & Entry Fee for BTS 2023), 2nd (\$15 gift card) & 3rd (\$10 gift card)

Girls - 12 & under - 1st (\$25 gift card & Entry Fee for BTS 2023), 2nd (\$15 gift card) & 3rd (\$10 gift card)

*Participants must complete the race entered to be eligible for placings and prizes.

*Road bikes only will be allowed for cycling events - no electric bikes will be permitted.

*Mountain bikes will be allowed ONLY IN THE 33-MILE BIKE RACE.

*The 71-mile race will have a cutoff at SH 70 & FM 608. If you are unable to make it to that point in 50 minutes after the race begins, you will have to turn on FM 608 to the 49-mile route or continue on SH 70 without support.

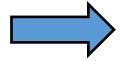
*Support for all cycling events stops at 12:00pm.

*Day-of registrations will be permitted only through RaceEntry. Registration for all events will end at 6:00 AM on 5/7/2022 More race info such as routes and start times will be posted at a later date.



Rattlesnake Gravel Grind will be 6/18/22 32 Mile, 66 Mile, and 111 Mile that will begin and end at the Lake Sweetwater Municipal Campground It will benefit the Volunteer Fire Departments of Nolan County. The Jaycees that put on the Worlds Largest Rattlesnake Roundup, The Sweetwater Chamber of Commerce, and Coors are the three main sponsors of the event. We will have free beer, live music, and BBQ at the park after the event for all participants.

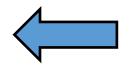




PBBA doesn't have a tour/ ride director for 2022 as of yet? Anyone interested in planning a Polar Bear Ride for January or February? Please contact a board member and we will help you make it happen. The Friendship Ride needs to be in the planning stages too.

We got a lot of earthquake reports here at NewsWest 9 not too long ago!
People all across the Permian Basin felt this one. And for good reason! At 4.5, this was the strongest earthquake to ever occur in the Permian Basin.





This leads me to wonder how cyclists should respond if one is out riding during one of these incidents? I have done a little research, but would not offer advice. I would encourage riders to do their own research and have an idea of what to do.