

WINDBUSTERS

August 2023

August PBBA Meeting

Who: All PBBA members

What: In person meeting

When: Monday, August 21st 7 p.m.

Where: Mission Fitness, Classroom A,B

8050 Highway 191 Frontage, Odessa

Important Dates

August 4 PBBA Jersey store closes

August 17 Deadline for Cyclefest Sponsors

August 21 PBBA meeting (note: meetings are generally the third Monday of every month)

September 16-17 Fort Davis Cyclefest

2023 PBBA Jersey - Order by August 4, 2023

The PBBA 2023 Jakroo jersey store closes August 4th. Please follow the link to find out ordering information, see complete design, get help with fit, and see pricing. The number of jerseys ordered impacts your final cost. I hope you like it and place an order!

Note: click on 3D view to see sides and back.

You don't need to wait to order as the lower price is given as sales justify it.

The jersey is being sold at cost so please order and show your support for PBBA!

https://jakroo.com/store-front?storeId=H1ISnG9Y3&titleProp=PBBA%20&bannerProp=null

Many thanks to Texas King and Kyle Farmer for graphic and design help!



With JAKROO's Dynamic Price Drop, everyone wins!

The starting discount level for all team members is 20%. As team members place their orders and reach the next discount level, the price automatically drops for everyone, even for those who placed their order before the drop.

Final pricing for each item will be based on the highest discount level achieved for that item. Payment is processed after the close of the order period so **everyone receives the same low price**, **regardless of when your order was placed.** Yes, it's that cool!





Your Help is Needed!!!

Cyclefest is approaching quickly with several tasks to still be accomplished. One of the major tasks to accomplish that everyone can help with is securing Cyclefest sponsors. Please read the letter below. It can be downloaded at pbbatx.com or easier yet, scan the above QR code. Your help is needed! August 17th is the sponsor deadline.









CYCLEFEST NEEDS YOU!!

Cyclest is PBBA's largest yearly fundraising event. Cyclefest has been a contribution to the Texas cycling community for 46 years.

You can ride the event and still be plenty of help!! At this point it looks like our SAG needs are being met.

Please help us make it a success in 2023 by texting Kathy Hester at 432-638 -7038 or email Khester 4205@gmail.com to volunteer.

Before: Door prizes , goody bag items, HELP SECURE SPONSORS

Friday, September 15: setting up registration, music and sound system, sorting t shirts, transporting equipment to Fort Davis, transporting food and water for rest stops to Fort Davis, working registration, helmet raffle, jersey sales, put out signage, greeting people at registration

Saturday, September 16: morning registration

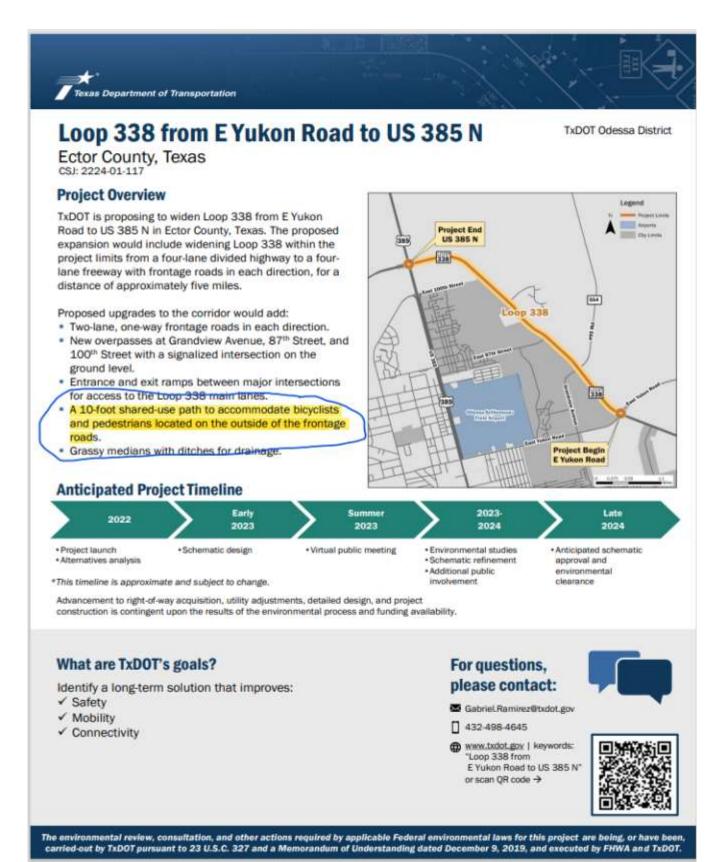
We still need someone to sponsor the beer, set up and service.

Saturday lunch: set up and cover tables, door prize tickets, jersey and tshirt sales, clean up

September 17, Sunday Hill Climb: registration, monitor cars allowed to observatory, route persons, pass out water and prizes, clean up Sunday after-

TxDOT is accepting public comment on this project through Friday, August 11. The comment form and video presentation can be accessed with the QR code below. If you have questions or concerns you can also contact Gabriel Ramirez directly.

This may make riding Yukon road an attractive option in the future. There is already an overpass being constructed at 191 and Yukon which will be completed in about 18 months. South of 191 a new extension of Yukon Road has recently been completed between 191 and 1788.





ALL SKILL LEVELS WELCOME, PLEASE COME RIDE WITH US

Wednesday Night worlds Podium for the summer series

A Group

1st Coleman

2nd Sustin Willoughby

3rd Fidel Ruvalcaba

B group

1st Zack Estery

2nd Mike McEnaney

3rd Won Doria

Team standing after Spring and Summer series

1st with 25 points

2nd with 13 Points

3rd with 12 points

4th with 10 points

Wrap Up of Wednesday Night Worlds on July 26– Race Recap By Justin Willoughby

WNW this week actually started Tuesday the 25th at approximately 6:30 pm in the Spring Meadow clubhouse as the three powerhouses of cycling converged to send off Fidel Jr.- Fidel Sr. Fidel Jr. and brother David laid out quite the spread for everyone.

Fidel Sr. seemed to be putting tacos together for everyone as fast as Jr. was pulling them off the flatiron. Brother David was seen checking Johnson & Johnson stock prices as he had just gone down again and was ready to make another bandage purchase. As the three teams were mixing like boys and girls at their first school dance, some of the final party guests arrived. One guest decided to show up on an ebike with a claimed top speed of 40 mph - Which after seeing The Rooster go by I believe it. The guy on the ebike took advantage of the bike by polishing off sixteen tacos. Fortunately with Fidel Jr. headed to seminary school, he will be able to pray for him. Fidel Jr. you will be missed and good luck from us all. Normally in these situations I might say 'I will say a prayer for you' but I feel like you might be better suited than I in this case. Thanks again to the Ruvalcaba family for inviting us all to say goodbye.

Wednesday once again started at 12:00 am. I was up early and was wondering what the acorn said when it grew up? I think I heard it say "gee I'm a tree". No pre race drama to cover unless someone had one too many dos equis at the party and went skinny dipping? 6:15 pm arrives and the group is off headed northwest. As we roll along toward Mt. Avalon, I'm curious as to where I will be able to summon the strength needed to be a good teammate like Zack wants me to be. It occurs to me I need look no further than one of the greatest actors my generation has ever seen. Yep, Ralph Macchio, and we're talking Johnny Cade here not Daniel LaRusso. Without delving too far into the philosophical meaning of "stay gold Ponyboy", it occurred to me this would be what Zack wants for me to find the inner strength to try and do the right thing no matter the circumstances. I sometimes wonder what Mr.Frost would say about this, as he was only 4 years gone when the book was published in 1967. The film came out in 1983.

We left Bynum at a decent clip. I think we might have made a lap when a break formed, consisting of Ron Russ and Sebastian. They lasted till the start of the third lap when Shawn noticed Ron had faltered. I believe Shawn said a bad word and took off to bring it back together. Once together, several other attacks went off the front over the course of the next two laps. Nothing was able to get organized or stick for very long, as the group was now resigned to a possible bunch sprint. Fidel and David being absent made it seem like not such a bad idea. Lap 5 begins and we're all together. This inevitably leads to about 10 minutes of trying to get yourself into a good spot to sprint from - unless you care to try and go early in the hopes of not being caught at the end. Justin W went early and fortunately for him, LR and AE appeared content to let it happen. Justin was able to reach the cheering fans first with the peloton bearing down quickly on the line. Zack B was able to reach the line second, while interestingly enough, Clif Coleman was there 3rd. One might ask 'why is this interesting? Clif is often in the mix'. This is true but during lap 3, I will say Clif decided the road too mundane for his liking and he created a gravel segment next to Mattot Estates. I was lucky enough to have a front row ticket to this escapade. It was an impressive display of gravel riding, in which Clif never lost his place in line. And, I believe I saw him take a gel while out there. AE Justin H was across in 4th grabbing the last point of the summer series. This Wednesday is more of a social ride, so lets try and get everyone out there before the last third of the WNW season begins.

B Group went Von D in first, Ivan D in the second spot and Mike M in third.



ViM had a big weekend at the Tour de Gap presented by Bike Town Abilene in Buffalo Gap.

ViM had a podium sweep for overall!

Congratulations!

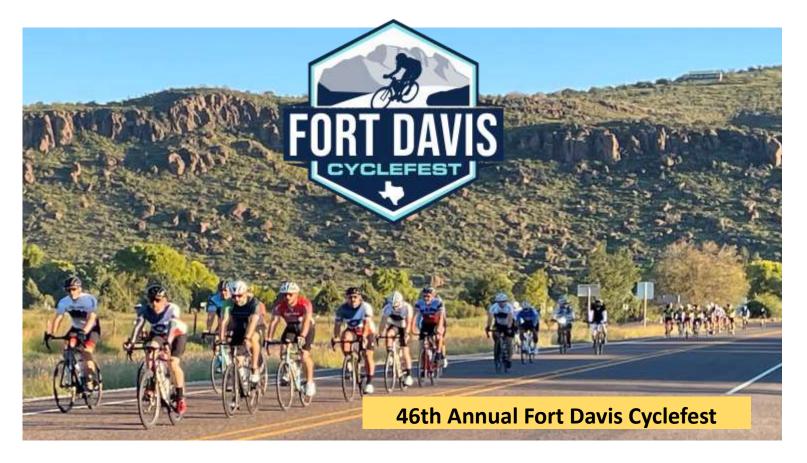
July 22, 2023











September 16-17, 2023

Arguably the best and most scenic Bike Tour in the State of Texas with beautiful vistas, easy novice routes and challenging hills. **Cyclefest is a must do for every cyclist.** The annual Fort Davis Cyclefest Bike Tour and Hill Climb is held in the scenic "Texas Alps" in Fort Davis, Texas. The tour provides three distance routes: 27, 55 and 76 miles on Saturday, September 16 departing from Prude Ranch. Sunday you may race to the top of Mt. Lock in a 6-mile hill climb.

Friday, September 15

5-10 PM Packet pick up at Prude Ranch

Saturday, September 16

7:45 AM Rider instructions

8:00 AM Ride off

11-4ish Party at the Prude Ranch Patio

3:30 PM Last rest stop closes and SAG stops

Sunday, September 17

8:00 AM Hill Climb number pick up at Solar Panels

9:00 AM *SHARP* Race starts (prizes picked up at solar panels after the race)

REGISTRATION LINK: https://www.bikereg.com/cyclefest2023

More information: https:/pbbatx.com/cyclefest facebook page- FortDavisCyclefest

Lodging information: https://fortdavis.com/visiting/accommodations









Cactus & Crude Ride 2023

Fighting Multiple Sclerosis and the West Texas Wind

By Kyle Farmer

Over 200 riders participated in the Bike MS Cactus and Crude Ride 2023 on July 15th and 16th. The 150-mile course ran through oil fields, ranch lands and cotton fields from Midland to Lubbock with an overnight stay in Lamesa.

Bike MS is a series of cycling events organized by the National Multiple Sclerosis Society. These events aim to raise funds and awareness for multiple sclerosis (MS), a chronic autoimmune disease that affects the central nervous system. Participants in Bike MS rides raise money through sponsorships and donations, and the funds go toward supporting MS research, programs, and services for people living with MS. To participate in Bike MS Cactus and Crude Ride 2023, each cyclist had to raise a minimum of \$250.

The atmosphere was festive when the cyclists rolled out at 7:00 am on Saturday. Breakfast, water, and other resources were available. Teams of cyclists in matching jerseys were enjoying pre-ride comradery. We were fortunate to start with a temperature of 80 degrees and a gentle 11 mph breeze. Top Fundraiser Team Endeavor lead the way, followed by EOG OutSpoke'N.

Early in the ride, I felt great. We rode into a light wind for a few miles, then turned onto FM 307 toward Greenwood. The weather was good, the roads were good, the cyclists were friendly, and everyone was having a good time. Many cyclists stopped at the first rest stop, but I pressed on, hoping to put some miles behind me before the Texas heat became a factor. At the second rest stop, I felt great! Twenty-six miles and feeling good!

Just two hours into the ride, the wind began to pick up. The course is designed to have a tail wind, but it was not to be. I soon found myself riding into a 20-mph crosswind from the North-Northeast. This was very challenging! After miles of fighting the crosswind, the course turned from County Road 828 to County Road 829 toward Klondike, Texas. Now we were riding into a 20-mph headwind with gusts up to 25. It was not easy! I began to notice SAG wagons with bikes on the back as some cyclists decided that the West Texas Wind was just a little too much.

As I approached Klondike, I got a good laugh at the words "What Would You Do For A Klondike Bar?" spray painted on the road. At the rest stop in Klondike, I was glad to take a breather from the wind. Although dairy products are not usually popular on bike rides, I had a Klondike Bar along with my water and pickle juice.

Back on the bike, the wind persisted all the way into Lamesa. I pressed on and completed the first day. As this was my first MS 150 and winds are common in West Texas, I planned to keep my complaints about the wind to myself. Very quickly, I heard veteran riders proclaiming that this was the hardest day they had experience in multiple attempts of the Cactus & Crude MS 150. It was encouraging to hear that other riders were struggling with the wind.

Saturday evening, we all gathered for dinner and a presentation from Bike MS. I was excited to learn that this was the 34th Cactus & Crude 150 and that there were riders and volunteers that have been involved for years.







Team Mallory Keeps S'myelin made a presentation about Mallory's lifelong struggle with MS. Mallory is now 21 years old, has graduated high school, and is learning to drive a car. Hearing her speak and her mother speak had the room in tears. I am glad to be a part of a fundraiser that benefits Mallory and all that are fighting Multiple Sclerosis.

Sunday morning, I was ready for another day of fighting the wind. I planned to skip the first two rest stops in an effort to put as many miles behind me before the wind kicked up. We started the day at 72 degrees with a 7-mph wind. The mostly flat ride took us past pastures and cultivated lands. I really enjoyed the cotton, sorghum, and corn fields. When I stopped into Rest Stop #3, I was glad that we had great weather. Rest Stop #3 was Barbie Themed and guite fun.

The rest of the ride went well. We did not experience high winds and I honestly did not notice the heat. I was so focused on maintaining my pace worrying about possible winds, I did not really think about the heat. I rolled into English Newsome Cellars Winery quite proud of my accomplishment. I completed my first Cactus & Crude MS 150!

Donations are still open. A total of \$221,478 has been raised at Cactus & Crude MS 150 2023 so far. As I write this, the top fundraising teams are:

Team Endeavor \$100,542

EOG OutSpoke'N \$26,661

Chevron MCBU \$18,205

Mallory Keeps S'myelin \$16,639

ConocoPhillips \$15,256

Carney Men \$7,700

Fiddlestrings San Angelo \$6,150

Stage 3 Separation \$6,071

Apache \$3,831

Delek Cycling for a Cause \$3,825

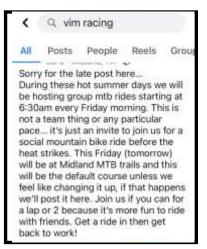
The Cactus and Crude MS 150 was a fun, challenging experience. I would recommend that any cyclist ride next year and raise funds for Bike MS.



Klondike bars and a Barbie themed rest stop added to the fun!







Monday 6:15 pm All levels	WTGO M& M Ride 6:15	Mission Fitness Parking Lot ,Odessa
Tuesday 6:00 Women of all levels	Latitude's Women's Ride	Watch FB posts for de- parture location Midland
Wednesday 6:15 All levels	Greentree Ride	Trek of Midland
Wednesday 6:15 A & B Race levels	Trek's Wednesday Night World Race	Trek of Midland
Thursday 6:15 Fast pace (not no drop)	TNT Valley View	Schedule varies watch FB for posts
Saturday All levels Time varies	Saturday Holy Cross Ride (Join the FB group)	5110 N. Garfield, Midland

Note: There are other rides that are posted on Friends of the Permian Basin Bicycle Association Facebook page; therefore, it is recommended that you join to keep updated on ride off times and schedules.







My July cycling adventure was to the west coast. The most important objective of the trip was to spend some time with our grandson, but we did find a little cycling time before our adventures to Seaworld, Legoland and lots of game playing and swimming at the hotel. We headquartered in Carlsbad California due to the proximity to Legoland and Everett's home in Oceanside.

The infrastructure for cycling in this area was amazing. Along the coast highway were well marked lanes and in many segments the lane was separated with a barrier. The bike lane was also separate from the pedestrian lane with clear signage indicating the travel lane for bikes vs. pedestrians. Following the highway bike lanes, a rider can continue for many miles. Mike and I only had time for thirty miles a couple of times, but I am anxious to return and explore how far south I can go. There are points through communities like Oceanside, Encinitas, Solana Beach and Del Mar where the lane narrows or the rider is allowed to take the full lane

The best part of this summer ride was the temperature. The lows were a cool 60 and the high was 75 even in the afternoon. The ocean views were refreshing with a small amount of climbing. We were escaping a record heat wave in Texas which made the coolness even more enjoyable. Riding inland on bike lanes, Jordan got in some good climbs.

The down side of the trip was the actual coming and going to California through the New Mexico and the Sonoran Desert of Arizona and southern California. Driving for hours in 116 degree heat was very intimidating. Next time, we will travel in the very early morning as in 4 a.m. as by 9:00 a.m. the temperatures are already reaching 100 degrees. Returning we stopped in Tuscon where we had enjoyed riding in November. It wasn't even tempting to ride as they too were having record, sustained high temperatures.

Mike had a "Retul Bike Fit" scheduled in Tuscon at Tuscon Endurance with James Webster on our return trip. It was a three hour session which was very helpful, insightful and complete. Mike has expressed noticing a big difference in his comfort level on the bike. That detour put us driving in the heat of the day again, but we made it back to Midland way past our bedtime. I still love my cool, early morning bike rides in Midland.

I am ready to go back and ride all the way to San Diego and bike the bay out to Coronado Island. It's a great place to ride—once you get there.



SEPTEMBER 23 & 24



THE RACING POST

THE ROAD CHAMPIONSHIP

















USAC permit 2023-8741 \$45 price on 2nd Race





FULLY CLOSED, FULL LOOP COURSE

Different Direction each day!







SAT SEPT 23 COUNTER CLOCKWISE EVENT	100							
	START	LAPS / MILES	(PLACES)	PRICE	FIELD	CHAMP. JERSEY	EVENT SPECIFIC NOTES	
Chris Hipp & Caleb Fuchs Memorial P1,2 Championship	0710 7:10A	3/99	Trophies (5) \$1,000 3 places	*	100	**	Medals / Jersey	
Ivan Mukasa Memorial Cat 3 Championship	0720 7:20A	2/66	Trophies (5)	*	100	**	Medals / Jersey	
Megan Baab Memortal Women P,1,2 Championship	0730 7:30A	2/66	Trophies (5) see Notes	*	100	**	Medals Scored Separately from W3 \$1000 - 3 places for combined W123 race	
Missy Hardeman Memorial Women C3 Championship	0730 7:30A (See Note)	2/66	Trophies (5) See Notes	*	100	**	Medals Scored Separately from WP12 (IF over 25 pre-reg W0 will have a separate start \$1000 3 Place Purse)	
James Bailey Memorial Cat 4 Championship	0745 7:45A	2/66	Trophies (5)	*	100	**	Medals IF Available	
Calvin Middleton Memorial Cat 5 Championship	1410 2:10P	1/33	Trophies (5)	*:	75	**	Medals	
Women Cat 4 Championship	1420 2:20P	1/33	Trophies (5)	*	100	**	Medals	
Women Cat 5 Championship	1430 2:30P	1/33	Trophies (5)	*	75	**	Medals	
Open	1440 2:40P	1/33	Trophies (5)	*	Wave Max 75	No		
Military Open	1440 2:40P	1/33	Trophies (5)	Free	See above	No	Open to all serving military personnel / must have either annual or 1 day license	



PBBA 2023 Officers and Chairpersons

President: Eric Burkhart

Vice President: Clif Coleman

Secretary: Isaac Navarrete

Treasurer: Kye King/ Brent Hoke

Mountain Bike Director: Stephen Mitchell

Committees and Chairpersons:

Tour Committee

Chairperson: Sarah Kate Epperson Members: Angie Kayastha

Race Committee

Chairperson: Oscar Salazar Members: Martin Vega

Publicity Committee

Chairperson: Kathy Hester (Newsletter), Tyler Putnam (Webmaster), Texas King

Mountain Bike Committee

Chairperson: Stephen Mitchell

Odessa MTB Park: Jack Henry, Erik Urquidi

Midland Trails: Jeff Ledford, Justin Thompson

Cyclefest Committee

Chairperson: Bob Haskell

Members: Kathy Hester, Eric Burkhart, Ron Appling, Javier Morales