

The Official Newsletter of the
PERMIAN BASIN BICYCLE ASSOCIATION

WINDBUSTERS

Volume XIV, Number 3
March 2008



The **P**ermian **B**asin **B**icycle **A**ssociation was created to promote bicycle safety and education. Based in Midland/Odessa, Texas, the P.B.B.A. is associated with the League of American Bicyclists, the United States Cycling Federation, the National Off Road Bicycle Association, Texas Bicycle Coalition and many local organizations. They are involved in sponsoring local bicycle touring events, USCF Racing, mountain bike rides, safety programs, riding clinics and many local civic programs. The membership is dedicated to providing a safe riding environment and to help achieve this they are educating both cyclists and motorists on the rules of the road. Remember, cyclists use the **same roads** and have the **same rights** as any other vehicle, but also remember we must obey the **same rules**. Everyone must **SHARE THE ROADS!**

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Calendar of Cycling Events

Peyton's has entry forms for many of these events - [contact us](#)

Ride
Calendar

[Permian Basin Bicycle Assn.](#) Club meetings - 3rd Monday of each Month in the Knights of Columbus Building on FM 1788 at CR60 between Midland & Odessa. Food and social at 7:00, program at 7:30.

Local
Rides

Sunday Women's Ride – Leaves the Cumulus Radio Parking Lot (1788 & 191) at 2:00. Everyone is welcome from beginners to racers (guys can come, too – just behave yourselves!). For more info email brammer10@aol.com or call Kelly @ 683-3018 or 682-2617. Be sure and bring your helmet and plenty to drink.

Tuesday & Thursday - From Race Pace to Intermediate - Leaves S.E. corner of Loop 338 & Hwy 191 (The Professional Center) at **5:00 P.M.**

Wednesday - Peyton's Wednesday Evening Ride Resumes March 12 @ **6:00 P.M.** Meet at Rosa's immediately following ride.

Monday, Wednesday and Saturday Morning Rides – Odessa to Crane Ride – 40 Miles round trip. Medium paced ride on one of the smoothest roads around. Leaves the Wilson's Grocery Store at: Slower riders - **8:30 AM** or Faster riders - **9:00 AM** (10 Miles south of I20 on Hwy 385 – the Crane Hwy in Odessa). Call 563-0179 for information

Saturday – Race to Moderate pace, 25-50 Miles (depending on group) - Leaves S.E. corner of Loop 338 & Hwy 191 at **7:30 AM.**

Sunday - Medium pace, 23 Miles - Leaves Odessa Golden Corral on 42nd St. at **7:30 A.M.** , Call Joe Hassell for ride details - 432-366-2136.

Sunday - Mountain Bike Rides - 2:00 at PBBA lease on Flag Ranch near Notrees. PBBA Members only (Guests are welcome for one trial ride). Call Landy Adkins @ 432-699-1718 or email at ride@peytonsbikes.com .

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Contact</u>
March 2008	1 – Ross Creek 5K Trail <u>RUN</u>	Abilene, TX	325-672-9165
	1 – Pedal Through the Pines	Bastrop, TX	
	2 – Bar H Bash TMBRA MTB Race	St Jo, TX	
	15 – Steam-N-Wheels Bike Race and Fun Ride	Abilene, TX	325-676-6431
	16 – Bicycles Outback Blowout TMBRA MTB Race	Waco, TX	
	21 – 23 Easter Hill Country Tour	Kerrville, TX	
April 2008	5-6 James Bailey Criterium & Ivan Makusa Road Race	Mineral Wells, TX	
	6 – The Warda MTB Race (TMBRA)	Warda, TX	

	12 – 13 Fort Davis Hammerfest Stage Race (TXBRA)	Fort Davis, TX	432-699-1718 800-373-4764
	13 – Austin Ridge Riders MTB Race (TMBRA)	Austin, TX	
	19 – LBJ 100 Bicycle Tour	Stonewall, TX	
	19-20 Matrix Track Race Weekend		
	27 – Storm Hill Challenge TMBRA MTB Race	Comfort, TX	
	26-27 Peel Out Criterium & Pearl Brewery Criterium		
	3 – Coldspring Road Race		
June 2008	22-24 Ruidoso Tour	Ruidoso, TX	Fred Hunley fhunley@hotmail.com 638-5715

**WEDNESDAY NIGHT RIDE WILL RESUME BEGINNING MARCH 12 @ 6 PM.
DINNER AT ROSA’S IMMEDIATLEY FOLLOWING RIDE.**

UPCOMING PROGRAMS:

Please mark your calendars as these are events you will not want to miss:

March 17 – Swap Meet and Randonneuring by Fred!! (LOR!! – Longer Organized Rides)

Bring your Bike Junque to our much anticipated Swap Meet. You can put a price on it and/or just trade. This is for all ages, so bring your younger family members: maybe someone will bring a bike, to trade, that is too small for them. This is for all bike related items – spare parts, tires, clothing, trainers, rollers etc.

Remember, your junque is someone else’s treasure!!

While you are taking a break from hunting for your next cycling trinket come hear Fred’s insights into longer organized rides and the opportunities for 2008.

April 21 – Prof. Jim Eldridge of UTPB will present the very popular program that he specially tailored for us, on Exercise Physiology as it applies to Cycling and Cyclists.

Thanks, Nigel Cowan, Program Chair.

Recumbent Corner

We did the Tamale ride. We rode our Mercian standard tandem, as we are pretty slow on our recumbent tandem. I guess you could say we are pretty slow even on the Mercian, but we do OK for our ages. I haven't noticed any races around here for tandems in the over 150 class!

We followed Clare Murphy into the parking lot at Carl Murdock's place, but didn't recognize her, as she has gotten so slim and trim. Bravo Clare! I was surprised to see only about 10 riders there. It turned out that a lot more people came later.

We were among the first to start, and were riding north into a stiff 15 mph headwind. We expected lots of riders to pass us, but it was a long time before anyone did. We rode for a while with Clare and Bill. Clare had ridden over from Midland, but on this part of the ride she stuck with Bill. I remember Peyton Thorne going by with several other riders. Gary Whitehead stopped to chat and then zoomed rapidly ahead on his sleek carbon fiber low racer. Then our friend Kent Crowell came by on his beautiful new carbon fiber Cannondale. But he was having trouble because his saddle came loose, was tilted forward trying to dump him off all the time. I couldn't fix it for him as the Mercian is fitted entirely with English bolts, so none of my hex keys would fit his saddle mount. So he gamely toughed it back for the 15 mile loop. At least we had a strong tailwind on the way back so it was pretty fast. However I turned onto the west service road because the pavement was a lot smoother and we could go faster. But it had a lot of stop signs, and every time we stopped from 25 mph we had to accelerate back up to speed again, which was sort of a drag.

We still got back pretty quickly, ready to enjoy Mary Ann Miles' great taco soup, tamales, chocolate cake, and gooey sweet pastries. It was indeed delicious. It's always such a pleasure to refuel on good food talking with new and old friends after a ride that was a workout and made you hungry.

By the time we got back, Jay and Georgia and the Crane ride contingent had arrived. So that's where all the other riders were.

We sat and chatted with Billy Cole, who said that a big group of wind turbines will be installed out on his ranch. I think he will enjoy the extra income from that. Kent Crowell brought us up to speed on teaching his classes. He had to stop teaching his shop classes at Goddard. It's unfortunate that his kids won't get the chance to learn shop skills. He seems to have adapted to his new typing and career planning classes.

Lois had a nice conversation with Joe Waite. We usually do the Sunday morning ride with him and Joe Hassell, and then have breakfast with them at the Golden Corral. She also had a nice chat with the lady who was baby-sitting the Kelly's two grandchildren.

Lois and I tried out Carl's new 15 ft swing. We didn't try to get going hard enough to kick the ceiling, as Carl said he had done, but that swing is quite a bit of fun.

Then just as we were getting ready to leave, Fred Hunley showed up with his friend George Eaton(sp?). They had ridden over from Midland. Then I got into a discussion with Dickie Corbell about electrical stuff. It turned out that he helped me understand the Siemens overload relays on my lathe. It had been down for a week. When I got back home I went out to the shop and was able to reset them and get the lathe working again. It's nice to have such talented people in the Club!

We really enjoyed the Tamale ride, and thank Carl and Mary Ann for all their work and hospitality. It was great.

David Eggleston

Number 2 of the Winter Time Trial Series

Another successful Time Trial!!!! Congrats to all the winners!!! Everyone who raced did great!!! We had a total of 29 riders , quite a few spectators and wonderful weather!!!! For those of you who could not make it out you miss a great day to race as well as ride!! We could not have asked for any better weather out in West Texas. There were several riders from Lubbock who did a great job!! Thanks to all the volunteers who came out and helped with everything, David Ham and Mike Hester kept the time for everyone , Steve Betton started the racers and Kathy Hester took pictures. I hope that everyone had fun!!! The next Time Trial is March 29th its 17 miles. If you have any question just let me know.

-Kye King
349-4227

KyeBaby21@sbcglobal.net

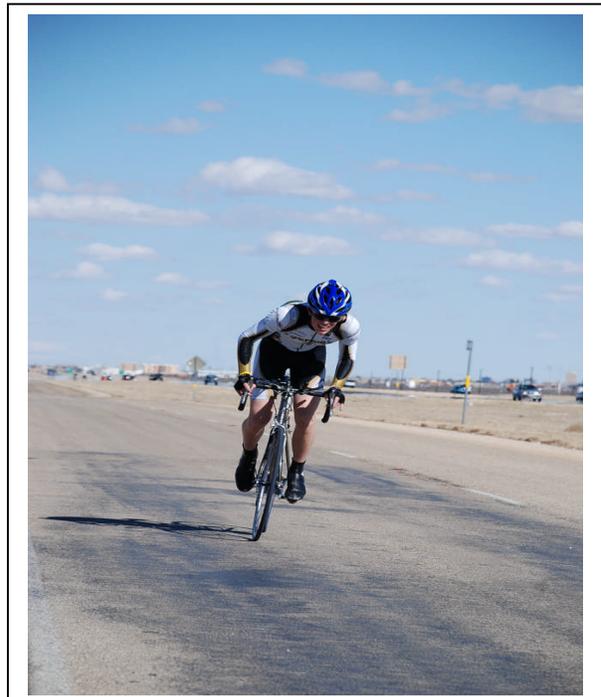
RESULTS OF 10 MILE TIME TRIAL

Kelly Brown	Open	0:23:55
Eric Burkhart	Open	0:24:24
Andy Orsa	Open	0:25:01
Mike McEnaney	Open	0:25:53
Kelly Thompson	Open	0:26:45
Tim Clair	Open	0:27:22
Ken Pittaway	Open	0:28:52
Ben Grimm	A	0:26:28
Lance Bowers	A	0:26:57
Steve Dodd	A	0:27:09
Brian Singletary	A	0:27:34
Mike Kelly	A	0:27:41
David Gardner	A	0:28:23
Rod Slaton	A	0:29:55
Gaylon KnowHon	B	0:27:19
Trevor Anderson	B	0:28:14
Peyton Thorn	B	0:29:00
Kevin McCarver	B	0:29:05
John Kerrigan	B	0:29:49
Jose Roman	B	0:29:53
Read Johnston	B	0:29:54
Nigel Cowan	B	0:31:44
Lisa Anderson	Women's	0:31:28
Teri Cason	Women's	0:33:13
Helen Romeiser	Women's	0:34:08
Karen Stark	Women's	0:41:57
Carl Murdock	Recumbent	0:25:16
John Colburn	Recumbent	0:26:30
Sam Jones	Recumbent	0:26:59

STANDINGS OVERALL

		<u>PTS</u>
Kelly Brown	Open	12
Eric Burkhart	Open	10
Mike McEnaney	Open	5
Andy Orsa	Open	4
Tim Clair	Open	4
Michael Ramsey	Open	4
Kelly Thompson	Open	2
Ken Pittaway	Open	1
Lance Bowers	A	11
Mike Kelly	A	6
Ben Grimm	A	6
Teresa Newman	A	5
David Gardner	A	4
Steve Dodd	A	4
Brian Singletary	A	3
Rod Slaton	A	1
Gaylen Knowlton	B	11
Craig Freeman	B	6
John Kerrigan	B	6
Peyton Thorn	B	6
Trevor Anderson	B	5
Jose Roman	B	4
Kevin McCarver	B	3
Nigel Cowan	B	2
Read Johnston	B	2
Doug Randell	B	1
Darren Printz	B	1
Cheng Tan	B	1
Helen Romeiser	Women's	9
Claire Murphy	Women's	6
Lisa Anderson	Women's	6
Teri Cason	Women's	5
Detje Printz	Women's	4
Karen Stark	Women's	3
Carl Murdock	Recumbent	6
John Colburn	Recumbent	5
Sam Jones	Recumbent	4
Damon Printz	Jr.	6
Dane Printz	Jr.	5

FEBRUARY TIME TRIAL



The View From Back Here

By: Russell Livingston

It was a once in a lifetime trip. My wonderful wife and I had not been on a “real vacation” for most of our married life. We would sneak a long weekend here and there and call it vacation, but with family and finances, a real trip wasn’t possible. That is until my Uncle invited us to visit in Hawaii. He and my Aunt have a beautiful house on Maui in Kehei. We saved our Christmas money and bought tickets. All we had to do then was wait until February 4.



Our trip was not going to be a cycling trip. My non-cycling wife is a good sport and a supportive spouse when it comes to my bicycle riding, but this was more than My trip. However, my Uncle Bud did arrange for a bicycle to be available. Actually it is a pretty nice bike, a composite framed Trek mountain bike. Anyway, it was available for my use. The only requirement involved a trip to Walmart (yes even on Maui !) for a cheap helmet and tire pump. After adjusting the seat, I was ready..

I had heard of the supported rides down Mount Haleakala. These are pretty cool rides... NO they start out COLD and work themselves into warm. The peak of Haleakala was 45 degrees, the day we went and that was fairly typical. For 45 degrees, I could have stayed home and ridden my own bike. The bicycles themselves appear to be suspect. They appeared sturdy, but this old fat guy had trouble reconciling a 45 mile per hour descent on someone else’s bike. An article in the Maui newspaper reported that the ride down Haleakala was one of the most dangerous concessions in the National Park Service.



Hawaii appears to be cycle friendly with wide marked and dedicated bicycle lanes on almost every paved surface. I saw cyclists riding from one end of the island to the other, including the famed Heavenly Highway to Hana. By then, I had to go for a ride, even if it was on a mountain bike.

We scouted out a nice 20 miler. Relatively flat, easy to navigate (I did miss one turn) and scenic. My destination would be the end of the road at the Ahihi-Kinaiu Natural Reserve. Then I would turn

around and come back towards the house, knowing that at anytime, I could call my Uncle Bud or my wife to pick me up along the way.

There I was, the Flatlander Desert Rider in Paradise! Riding a bicycle in Hawaii. There was beautiful Mount Haleakala on one side and the clear blue Pacific Ocean on the other. I was riding alone. No other cyclists were seen. I encountered a number of cooperative motorists and a few hearty hikers. I rode through a lava field that was the result of a 1790 eruption of Mt. Haleakala.

I was soaking up the whole trip.... I had passed a spot where we had snorkeled earlier and those memories were fresh. The mountain is majestic and the water is that certain shade of indescribable blue. I was slope when I heard it. No not a flat.. my cell to a stop I interrupted my This had better be good... can't hide. They will find my son, Ryan, back in type if salt goes into the



enjoying a slight downhill
Yep, that familiar sound...
phone was ringing! Coming
Hawaii experience to answer.
Well, you can run but you
you even in paradise.. It was
cold windy Midland. "What
water softener?"

We are hoping to return several bicycle rides next Kehei rents real road bikes for a relatively reasonable price. Rest assured, the cell phone will be turned off though.

to Hawaii. I am planning on time. The local bike shop in

Have fun and ride safe.

PBBA NEWS

FOOD COMMITTEE

Fred Hunley made some great chili for the PBBA meeting on February 18th. I made some jalapeño and plain cornbread and beans and Ruth Shields provided jalapeños and cheese for toppings. Peyton Thorn made brownies. Thank you to all that are helping with meals each month.

The March meeting will feature lasagna. The March 17th meeting will coincide with the school Spring Break; therefore, I may be gone. Ken Pittaway is bringing a vegetable lasagna and dessert. Chris Robichaud will be bringing lasagna too. The Elliots are signed up for bread sticks. I still need someone to bring **salad**. I planned an easy meal in my absence so I need someone that is planning to be in town to pitch in.

Kathy Hester

khester@esc18.net

Kathy Hester

PBBA MEETING

MARCH 17TH

KNIGHTS OF COLUMBUS BUILDING

CORNER OF 1788 AND CR60

LASANGE @ 7pm

Meeting starts @ 7:30pm

DEADLINE FOR THE NEWSLETTER IS THE 23RD OF EACH MONTH. PLEASE SUBMIT ALL ARTICLES, PICTURES ETC. TO KELLY BRAMMER - BRAMMER10@AOL.COM OR CALL 682-2617

Texas Bicycle Coalition (TBC), the Lance Armstrong License Plates etc.

As many of you will remember, we had an excellent presentation last fall from Robin Stallings, the Director of the TBC in Austin.

He mentioned several ways in which we could support the TBC financially:

1. Join as an individual member
2. Buy the "Share the Road" License Plates next time your license tags renew. This produces a donation of \$20 annually to the TBC.

The TBC really needs the money right now to support our rights as cyclists and to bring us safer places to ride and safe routes to school and so on. Just so you know, we lost \$600 million in funding for cycling related projects and Government support for the TBC last year etc. This was taken away from us in an ugly political fight, which was won by the automobile and truck lobby.

The PBBA and Peyton's Bike Shop subscribe as members and have for many years.

I just got my Lance Armstrong license Plates, and I must say they are darned good looking, and we have had many great comments already from non-cyclists, who recognize the familiar "TDF yellow shirt" on the back of the car.

So please if you can, help the TBC now by contributing financially in some manner.

Nigel Cowan

FOR SALE

'04 ORBEA ORCA carbon frame and fork including FSA headset.

54 cm (top tube 55 cm) \$875

Also selling Campy Centaur Crank 39/53 170mm with BB

Call for more info.

Clare Murphy

694-6566