

The Official Newsletter of the
PERMIAN BASIN BICYCLE ASSOCIATION

WINDBUSTERS

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The **P**ermian **B**asin **B**icycle **A**ssociation was created to promote bicycle safety and education. Based in Midland/Odessa, Texas, the P.B.B.A. is associated with the League of American Bicyclists, the United States Cycling Federation, the National Off-Road Bicycle Association, Texas Bicycle Coalition and many local organizations. They are involved in sponsoring local bicycle touring events, USCF Racing, mountain bike rides, safety programs, riding clinics and many local civic programs. The membership is dedicated to providing a safe riding environment. To help achieve this they are educating both cyclists and motorists on the rules of the road. Remember, cyclists use the **same roads** and have the **same rights** as any other vehicle, but also remember we **must obey the same rules**. **Everyone must SHARE THE ROADS!**

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CALENDAR OF EVENTS

- W **Sunday** - Medium pace, 23 Miles - Leaves Odessa Golden Corral on 42nd St. at 7:30 A.M. Call Joe
E Hassell for ride details - 432-366-2136.
E **Sunday Ride** – Leaves the Cumulus Radio Parking Lot (1788 & 191) at 2:00. Everyone is welcome
K from beginners to racers. For more info email brammer10@aol.com or call 559-5346. Be sure and
L bring your helmet and plenty to drink.
Y **Tuesday & Thursday** - From Race Pace to Intermediate - Leaves S.E. corner of Loop 338 & Hwy
191 (The Professional Center) at 5:30 P.M.
R **Monday, Wednesday and Saturday Morning Rides** – Odessa to Crane Ride – 40 Miles round
I trip. Medium paced ride on one of the smoothest roads around. Leaves the Wilson’s Grocery Store
D at 8:30 AM (10 Miles south of I20 on Hwy 385 – the Crane Hwy in Odessa). Call 563-0179 for
E information
S

Odessa HEB Feast of Sharing – Saturday December 6th - Ector County Coliseum from 10:00 AM – 3:00 PM. Show up as a group from 12 – 1:00 PM or any time that is convenient.

Wear something that says PBBA! Call Scott Anderson (432)366-0041 with questions.

The PBBA turnout for the Midland event was pretty light so let's all show up for Odessa! David and Lois Eggleston were there along with David and Kathy Ham – if you ever need cranberry sauce served, just call David H!!! There may have been a few more, but it was pretty hectic serving all of the crowds and they could have been missed.



2nd Annual Christmas Lights Ride

The Christmas spirit is upon us. If it's not, I bet seeing some of the best Christmas light displays in Midland will help. The 2nd Annual Christmas Lights Ride will take place on Friday, December 19th, at 7 pm. We will meet at the Stonegate Church parking lot along Crowley and then ride into Grassland Estates. Depending on the weather, we may go for an hour or so. Last year the weather was bad but I think the riders that went really enjoyed it. If you're in a competitive mood, we will have a "Best Christmas Light Contest". The best decorated bike will get a prize. (I hear it's really expensive!) The ride will have a police bike escort in the front and even a sag wagon in the rear. After the ride, we are invited to Bill and Michelle Green's house at 5515 San Saba to warm up and have refreshments. Dress warm! Of course being a night ride, headlights will be required. We will leave as close to 7 pm as possible. Any questions, call John Kerrigan at the Midland Police Department at 685-7964.



The View From Back Here

By: Russell Livingston

Summer is gone, Fall has fell, Winter's coming and it'll be cold as all get out. For those that know me, they know I am a fair weather friend, or should I say a friend of fair weather. I can stand the heat, I can even tolerate moderate wind, but let the ole thermometer dip below the mid fifties and I'm not willing to do much.

Combined with my secondary passion, officiating football, the month of October and much of November have precluded even a short ride. So there she sits, Ole Blue my ever faithful steed, whose only fault is having flats when I run over something sharp. I am sure though, that aluminum, carbon fiber, steel and rubber would protest, if they could, in cold weather.

So where does that leave my ever increasing waist line, waiting for favorable temps? I finally worked up the nerve to check the poundage and found that so far only two pounds have found themselves attached as extra baggage. No so bad, but things are bound to get worse before they get better.

As this article is being written, preparations are being made for the Thanksgiving Holidays. That includes the full blown traditional meal, turkey sandwiches, pumpkin pie and every type of casserole imaginable. Not to be outdone, the Christmas Holidays follow and guess what, another meal and the parties. Oh, the parties... You know the ever lasting buffet, the food that we have avoided for 11 months, right there in front of us.

What is a guy to do? Where can he go? What happens when will power is gone and you are beaten down and have accepted defeat? We can find strength in numbers. We can choose to associate ourselves with like minded individuals. Individuals, whose mere presence induces confidence and fitness. Someone, able to make personal commitments, long term commitments, and willing to carry through even when faced with incredible obstacles.

Someone like Midland's newest Ironman, Jasha Cultreri. Jasha, recently completed Ironman Florida. We are all proud of Jasha and his accomplishment and he truly is an inspiration to all of us. He accepted the challenge, prepared for the event and then completed the task. Now that is someone who I can listen to. Someone who has raised the bar. Someone that is an example for us all.

With Daylight Savings Time finally expiring, the Wednesday Peytons Ride came to an end. Gone for the season are the fun filled fair day rides with numerous fellow cyclists. So what happens next, our new example, fitness guru and role model, Jasha has developed a new training ride.

The Jasha Cultreri No Drop Winter Training Ride is now in session. Forget the cold weather, we're here for the training. So where does this event take place, what does it involve? Just meet at Rosa's on Wednesday night at 7:00 PM and we will see. If you are a little late, don't worry, we'll save a place for you at the table. Don't have time to load up your bike, come anyway... bikes, helmets, lights, shiney shorts are not necessary. Just bring an appetite and be ready to lament the cold weather, the lack of daylight, the holiday buffets, the leftover turkey sandwiches and our expanding waistline. We are just going to eat and visit.

For those interested, The View From Back Here has now appeared elsewhere. Check out the November issue of The Racing Post. I guess we are now syndicated. The magazine can be viewed on line at WWW.THERACINGPOST.US.

During this busy time of the year, please allow the View From Back Here to wish all a Merry Christmas and Happy New Year. In the meantime, have fun and pass the potatoes.



Spinning Wheels (to the tune of Jingle Bells)

Riding one ninety one, (Dashing through the snow)
On a brand new carbon bike,
No big hills to climb
Pedaling all the way.
No-o flats to change
My cadence is just right
What fun it is to ride and tour on spinning wheels tonight

chorus
Oh, spinning wheels, changing gears
Don't cross the center line
Oh what fun it is to ride
A tail wind all the way.

The Cyclist's Twelve Days of Christmas

On the first day of Christmas, my true love gave to me a new saddle for my sore seat.
On the second day of Christmas , my true love gave to me two aerowheels and...
On the third day of Christmas... three new helmets

4th... four skull caps
5th...five chain rings
6th... six rear derailleurs
7th...seven neck gaiters
8th... eight leg warmers
9th... nine Power bars
10th... ten Allen wrenches
11th ... eleven water bottles
12th... twelve tubes for flats

Lyrics submitted by Kathy Hester

ANNOUNCEMENTS



**PBBA CHRISTMAS PARTY
MONDAY
DECEMBER 15, 2008
7:00 p.m.
KNIGHTS OF COLUMBUS BUILDING
FM 1788 & CR60**

We will celebrate Christmas at the December 15th meeting. Everyone is asked to participate in a gift exchange (\$15.00 limit). Jeff Brammer will be making his award winning brisket. Club members are asked to provide side dishes by last name as follows"

A-D Bread
E-J Dessert
K-O Potato salad, vegetables
P-S baked or pinto beans
T-Z veggies, salads, pasta salad

This a guideline, if you have a specialty dish that does not fit your "assignment", then feel free to bring the item of your choice.

I hope to see you there!

Kathy Hester

FROM THE FOOD COMMITTEE

Thanks to Nigel Cowan for the great salad and to Kye King for bringing it to the meeting. Tom Elliot brought French bread to go with the spaghetti and meatballs. December meal is Christmas party plan. Mary Elliot is in charge of the January meal so be willing to help if she asks you.
Kathy Hester

PBBA Jerseys Available

A PBBA Jersey would make a great Christmas gift! Several extras were ordered and are available including:

Men's long sleeve XXL (waist 40-42, chest 46-48)
men's short sleeve L (w 36-38, c 44-66)
2 men's short sleeve XXL (w 40-42, chest 46-48)

Women's long sleeve small (w 25-27, c 33-35)
Women's short sleeve large (w 29-31, c 37-39)
2 women's XL short sleeve (w 31-34, c 39-42)

Long sleeve= \$57.00
Short sleeve=\$48.00

There are also many pairs of PBBA socks available, but only in size small which fits men 5-9 and women 6-10. Socks are \$5.00 per pair.

Call the Hester's at 699-7006 or email at khester@esc18.net if you are interested in any of these items.

NEWSLETTER DEADLINE IS THE 15TH OF EACH MONTH. PLEASE SUBMIT ALL ARTICLES, PICTURES OR ANNOUNCEMENTS TO BRAMMER10@AOL.COM OR CALL KELLY @ 682-2617.

